

## Short-Term Psychodynamic Psychotherapy Advanced Clinical Technique for Accelerated Treatment

### Conferences, Workshops, ISTDP Core Training, and Immersion Dates 2025-2026

During 2025 and 2026 we will be organising a range of workshops, training, and conferences. The focus of these events will be on evidence based Short-Term Psychodynamic Psychotherapy (STPP) as epitomised in Intensive Short-Term Dynamic Psychotherapy (ISTDP). Here are some of the dates:

#### Clinical Development Workshops 2025-2026

Clinical Development Workshop 1	Saturday 13 September 2025
Clinical Development Workshop 2	Saturday 29 November 2025
Clinical Development Workshop 3	Saturday 28 February 2026
Clinical Development Workshop 4	Saturday 4 July 2026

Clinical Development Workshops will be organised to coordinate and coincide with Supervision Workshops for those who also want to make use of these events.

#### Conference and Intensive Immersion Training 2026

Intensive Immersion Training Friday 8 May 2026 – Sunday 10 May 2026

#### ISTDP Core Training Dates 2025-2026

Core Training Block 1	Friday 12 September 2025 – Sunday 14 September 2025
Core Training Block 2	Friday 28 November 2025 – Sunday 30 November 2025
Core Training Block 3	Friday 27 February 2026 – Sunday 1 March 2026
Intensive Immersion Training	Friday 8 May 2026 – Sunday 10 May 2026
Core Training Block 4	Friday 3 July 2026 – Sunday 5 July 2026

For further information please go to [www.cathexispsychotherapy.co.uk](http://www.cathexispsychotherapy.co.uk)

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