

## Short-Term Psychodynamic Psychotherapy Advanced Clinical Technique for Accelerated Treatment

### Conferences, Workshops, ISTDP Core Training, and Immersion Dates 2024-2025

During 2024 and 2025 we will be organising a range of workshops, training and conferences. The focus of these events will be on evidence based Short-Term Psychodynamic Psychotherapy (STPP) as epitomised in Intensive Short-Term Dynamic Psychotherapy (ISTDP). Here are some of the dates:

#### Clinical Development Workshops 2024-2025

Clinical Development Workshop 1	Saturday 14 September 2024
Clinical Development Workshop 2	Saturday 23 November 2024
Clinical Development Workshop 3	Saturday 22 February 2025
Clinical Development Workshop 4	Saturday 5 July 2025

Clinical Development Workshops will be organised to coordinate and coincide with Supervision Workshops for those who also want to make use of these events.

#### Conference and Intensive Immersion Training 2025

Intensive Immersion Training Friday 9 May 2025 – Sunday 11 May 2025

#### ISTDP Core Training Dates 2024-2025

Core Training Block 1	Friday 13 September 2024 – Sunday 15 September 2024
Core Training Block 2	Friday 22 November 2024 – Sunday 24 November 2024
Core Training Block 3	Friday 21 February 2025 – Sunday 23 February 2025
Intensive Immersion Training	Friday 9 May 2025 – Sunday 11 May 2025
Core Training Block 4	Friday 4 July 2025 – Sunday 6 July 2025

For further information please go to [www.cathexispsychotherapy.co.uk](http://www.cathexispsychotherapy.co.uk)

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