

Short-Term Psychodynamic Psychotherapy Advanced Clinical Technique for Accelerated Treatment

Conferences, Workshops, ISTDP Core Training, and Immersion Dates 2023-2024

During 2023 and 2024 we will be organising a range of workshops, training and conferences. The focus of these events will be on evidence based Short-Term Psychodynamic Psychotherapy (STPP) as epitomised in Intensive Short-Term Dynamic Psychotherapy (ISTDP). Here are some of the dates:

Clinical Development Workshops 2023-2024

Clinical Development Workshop 1	Saturday 9 September 2023
Clinical Development Workshop 2	Saturday 25 November 2023
Clinical Development Workshop 3	Saturday 24 February 2024
Clinical Development Workshop 4	Saturday 6 July 2024

Clinical Development Workshops will be organised to coordinate and coincide with Supervision Workshops for those who also want to make use of these events.

Conference and Intensive Immersion Training 2024

Intensive Immersion Training Friday 26 April 2024 – Sunday 28 April 2024

ISTDP Core Training Dates 2023-2024

Core Training Block 1	Friday 8 September 2023 – Sunday 10 September 2023
Core Training Block 2	Friday 24 November 2023 – Sunday 26 November 2023
Core Training Block 3	Friday 23 February 2024 – Sunday 25 February 2024
Intensive Immersion Training	Friday 26 April 2024 – Sunday 28 April 2024
Core Training Block 4	Friday 5 July 2024 – Sunday 7 July 2024

For further information please go to www.cathexispsychotherapy.co.uk

You can contact Steve Buller for more information on –
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